

Sports play a big role in shaping individuals. It keeps us active and boosts our physical and mental well-being. It also teaches collaboration, discipline, and leading by example. This helps to build resilience, time management, and problem-solving. It is rightly said that a sound mind dwells in a sound body. In order to achieve all these objectives, our institution has always laid emphasis to build up infrastructure and procure equipments to cater to the needs of sports enthusiasts.

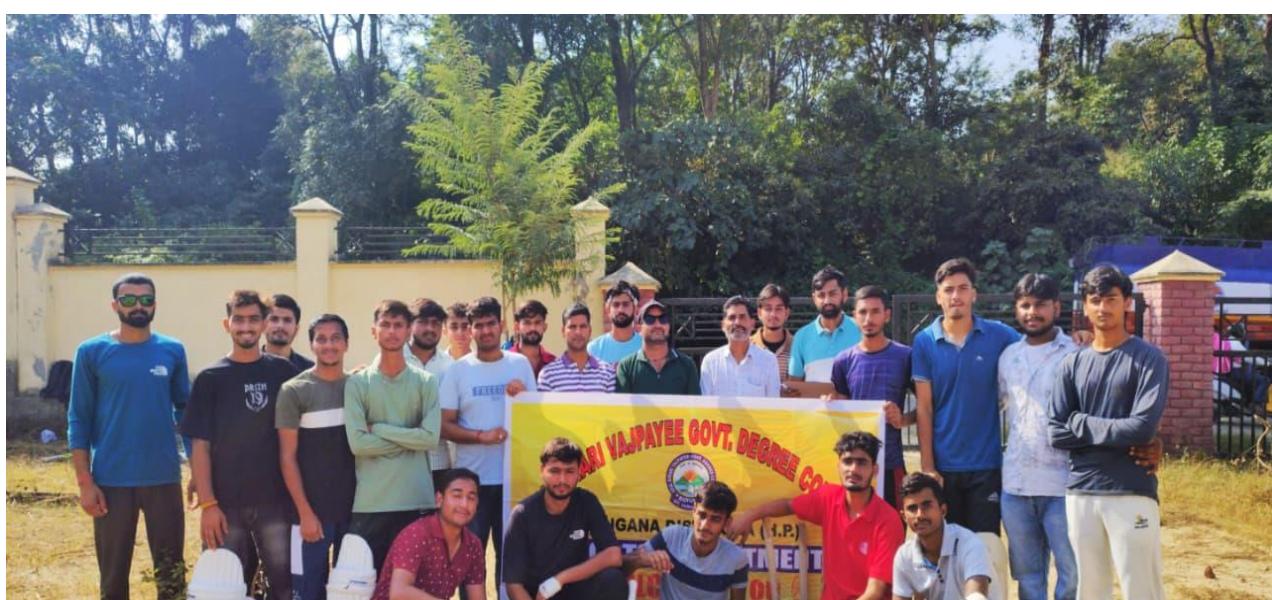
We have ample sports equipments and the concerned committee ensures the proper usage of these resources. We also encourage our students to take part in various sports events held at intra college, inter college and inter university level.

Some of the glimpses of sports activities are attached herewith.

**COLLEGE CRICKET TEAM WITH THE PRINCIPAL AND THE SPORTS INCHARGE BEFORE LEAVING TO PARTICIPATE IN THE INTER COLLEGE COMPETITION**



**CRICKET TEAM IN THE COLLEGE GROUND WITH THE INCHARGES AFTER THE PRACTICE SESSION.**



**STUDENTS PLAYING KABADDI**



**TABLE TENNIS TEAM DURING INTER COLLEGE CHAMPIONSHIP**



## **VOLLEYBALL TEAM(MEN) DURING MATCH IN INTER COLLEGE CHAMPIONSHIP**



## **3.5 VOLLEYBALL TEAM (WOMEN) WITH TEAM INCHARGE IN INTER COLLEGE CHAMPIONSHIP AND GIRLS DOING PRACTICE IN THE COLLEGE GROUND.**



## **STUDENTS IN ACTION DURING DIFFERENT EVENTS OF ATHLETICS**



## **COLLEGE STUDENTS IN ACTION DURING INTER COLLEGE BADMINTON CHAMPIONSHIP SINGLE AND DOUBLE MATCHES**



3.5 (iii)

**Sports Articles  
Session 2024-25**

S/N	Name of the item	Closing stock in March 2025
1	Shuttle plastic	07 pc
2	T.T Balls	1 Pkt.
3	T.T Bat (Stag)	04pc.
4	Cricket Ball	00
5	Volley Ball Net	01 pc.
6	Flag	01 pc.
7	Supporter inner	01 pc.
8	Measuring Tape	04 pc.
9	Shot put (Men)	01 pc.
10	Shot put (Women)	01 pc.
11	Cricket Net (P)	03 pc.
12	Whistle	01 pc.
13	T.T Table	01 set
14	Pen Drive	01 pc.
15	Chess Set	01 pc.
33	Race Starter	01 pc.
14	Wooden Hammer	01 pc.
15	Badminton Net	01 pc.
16	Volleyball Pole	01 pair
17	Badminton Pole	01 pair
18	Boxing Gloves	01 pair
19	Punching Pad	01 pair
20	Javelin Wooden	01 pc.
21	Discus Through	01 pc.
22	Water Cooler	01
23	Judo mat (Jonex)	50 Mats
24	Basketball Set	Basketball Set
25	Lawn mover	01 Set.
26	Gym 16 station	16 station
27	Motor bike Cycle	01
28	Kabadi Mats	260 pc.
29	Chest Guard	02 pc.
30	Kabbadi Mat	250 pc
31	Foot pump	3 pc
32	Hand Pump	01
33	Cricket Eng. Willow	06pc
34	Keeping Gloves Leather	04pair
35	Basket Ball Spartan boys	12pc
36	Basket Ball Spartan Girls	12pc
37	Shatal Box Chins	6 Box
38	Keeping Gloves Leather	04pair
39	Badminton Net Good	04 pc
40	Boxing Head Guard Leather	04 pc
41	Volleyball Spartan	2pc

## **STUDENTS WORKING OUT IN THE GYMNASIUM**

