

STATE-LEVEL ONE DAY WORKSHOP
ON
ENERGY AND WATER CONSERVATION

at

ABV GDC Bangana, Una

on

17 August 2024



Ar
Principal
ABV GDC Bangana
Distt. Una (H.P.)

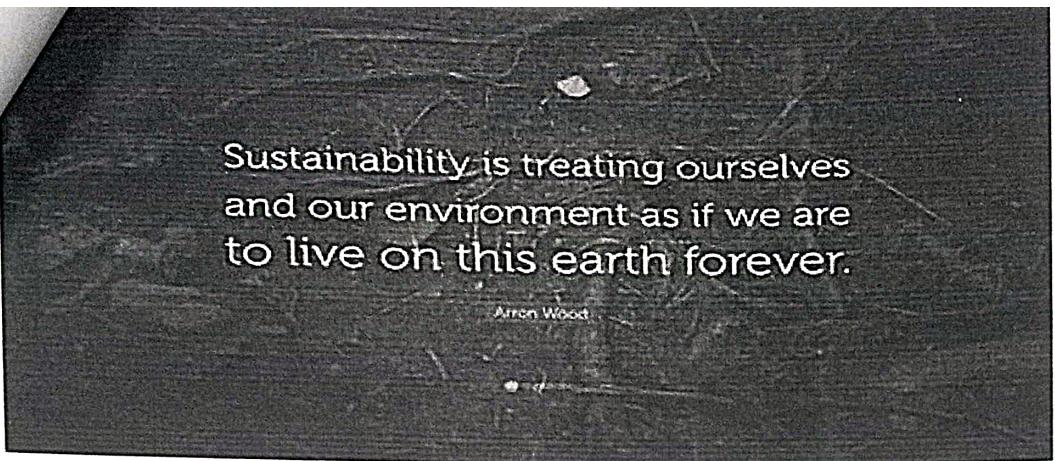
Organising Secretary

Prof. Rekha Sharma

Convener

Prof. Nand Lal


Principal
ABV GDC Bangana
Distt. Una (H.P.)



Sustainability is treating ourselves
and our environment as if we are
to live on this earth forever.

Arron Wood

Sustainability living is must for the future. This is because "No water, no life. No blue, no green." For the future of our nation, students must understand the importance of sustainability.

Considering this key aspect, a one-day energy and water conservation workshop was organised at the state level at ABV GDC Bangana College on 17th August 2024.

Planning and organising for the event

For planning, a staff meeting was held on 8th August 2024, among the teaching staff.

It was decided that two eminent resource persons will be invited in the event to enlighten students as to how to conserve the environment.

Accordingly, the following resource persons were invited:

- (a) Dr. Ved Prakash Patial, Dean Sciences and Controller of Examination, Sri Sai University, Palampur
- (b) Dr. Susheel Kumar Bassi, Principal, GC Jawalaji

Poster-making and working model activities were decided to be held based on the themes of energy and water conservation. It was decided that these activities in the form of a competition, and accordingly, make the talent come out of students.

The following committees were constituted accordingly:



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ABV Govt. Degree College Bangana, Distt. Una - HP
NAAC Accredited Grade "B" Institution

Tel No. 01975 - 262993, Fax No. 01975 - 262993, Pin code: 174107, Email ID: gehangana2007@gmail.com

NO.EDN-ABV-GC-BGN/ 2024-

Dated: 08.08.2024

NOTICE

Following committee has been constituted for one day workshop on energy and water conservation sponsored by HIMCOSTE on dated: 17.08.2024.

All are concerned to note for necessary compliance.

1. Reception Committee:-

- (i) Prof. Anu Attri
- (ii) Prof. Kiran Kumari
- (iii) Prof. Anil Sharma

2. Banners and Certificate Printing cum Certificate writing committee:-

- (i) Dr. Reena Devi
- (ii) Prof. Sikander Kumar Negi
- (iii) Smt. Ranjana
- (iv) Smt. Renuka
- (v) Smt. Arti

3. Venue Arrangement and Decoration Committee:-

- (i) Dr. Kuldeep Singh
- (ii) Prof. Nikkita Gupta
- (iii) Smt.. Mukesh
- (iv) Smt. Kamini
- (v) Smt. Neelam (Staff Room)

4. Student Activity Committee (Poster/Slogans writing/Working models):-

- (i) Prof. Kiran Kumari
- (ii) Prof. Sikander Kumar Negi
- (iii) Prof. Nikkita Gupta
- (iv) Sh. Prashant
- (v) Sh. Rajender

5. Refreshment and Lunch Committee:-

- (i) Prof. Anil Sharma
- (ii) Dr. Vinod Kumar
- (iii) Prof. Krishan Chand
- (iv) Prof. Kamlesh Kumar
- (v) Smt. Mukesh
- (vi) Smt. Neelam (Office)

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6. Stage Committee:-

- (i) Dr. Kiran Thakur
- (ii) Prof. Arvind Rattan

7. T.A./D.A. Committee:-

- (i) Prof. Krishan Chand
- (ii) Prof. Nikkita Gupta
- (iii) Sh. Sanjay Kumar (Supdt. G-II)

8. Committee for Proceeding of Workshop:-

- (i) Prof. Rekha Sharma
- (ii) Prof. Kiran Thakur
- (iii) Dr. Kuldeep Singh
- (iv) Smt. Mukesh Kumari

9. Jury for Posters and Working Models:-

- (i) Prof. Anu Lakhpal
- (ii) Prof. Kiran Kumari
- (iii) Prof. Anil Sharma

10. Prize Committee:-

- (i) Prof. Sikander Negi
- (ii) Prof. Nikkita Gupta
- (iii) Prof. Kamlesh Kumar
- (iv) Sh. Rajender Kumar

Principa
Principal 28.08.2024

ABV GDC Bangana
Distt. Una (HP) - 174307

The teachers encouraged more and more students to participate and make this event a success. The names of interested students were registered in advance, by the committee in-charges.

The Event Day

The event was organised as per the following schedule:

Principa
Principal
ABV GDC Bangana
Distt. Una (HP)



Dated: 17.08.2024

Programme Schedule of State Level One Day Workshop On
"Energy and Water Conservation"

Sponsored By

Himachal Pradesh Council for Science Technology and Environment
(HIMCOSTE)

- Welcome of Guests
- Lamp Lighting
- Sarswati Vandana
- Facilitation of Guests
- Formal Welcome by Principal
- Workshop overview by the convener of the programme
- Visit of guests in Labs to inspect working models of students
- Citation and lecture of Resource Person (1st)
- Citation and lecture of Resource Person (2nd)
- Certificates to participants by worthy guests
- Certificates to Hon'ble guests by worthy Principal
- Vote of thanks
- National Anthem
- Group Photograph
- Lunch

The event started with the welcoming of guests at our college ABV GDC Bangana namely:

Dr. V.P. Patial, Dean Sciences & COE, Sri Sai University Palampur and Dr. S.K. Bassi, Principal GC Jawalaji, Dist. Kangra (HP) were the resource persons of One Day State Level Workshop on 'Energy and Water Conservation'.

Sh. Som Lal Dhiman (DDEE) were also invited as the special guest of the occasion and Sh. Rajan Sharma (Dist. Sc. Consultant) accompanied the DDEE Una.


Principal
ABV GDC Bangana
Dist. Una (H.P.)

Registration for One day workshop on Energy and water conservation dated 17 August 2024

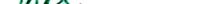
Name	Class / Designation	Roll No.	Signature	Remarks
Dr. S. Chand	Principal			
Prof. Sunita Sharma	Asst. Principal			
Prof. Anu Attri	Associate Prof			
Prof. Kiran Kumar	Asst. Prof			
Prof. Anil Chayne	Asst. Prof			
Prof. Nand Lal	"			
Prof. Vinod	"			Not -
Ms. Beena	"			
Mr. Kirtika Gupta	AP (Economics)			
Dr. Kiran Trehan	Asst. Prof			
Prof. Sitender Nagi	"			
Prof. Krishan Chand	"			
Dr. Keeldeep	"			
Ms. Anindita Kattam	"			
Mr. ASL Kamlesh Kumar	"			
U. Smt. Ranjna	Guest Faculty			
Sl. Rajender Kumar	"			
Smt. Karmi Aesya	"			
Smt. Anil Devi	"			
Smt. Mukesh Kumar	"			
Smt. Penuka	"			
Sl. Prashant Kumar	"			
28. Sujal	B.Sc. Third year	22PS005	Initial	
29. Yamini Sharma	B.Sc. Third year	22PS016	Initial	
30. Bhumiika Sharma	B.Sc. Third year	22PS042	Initial	
31. Palak Thakur	B.Sc. Third year	22PS004	Initial	

17 August 2024

it- Registration for one day workshop on energy and water conservation

Name	Class	Roll No.	Signature	Remarks
63 Nitish Singh Bhambhani	BA 2nd	23 BA 017	Nitish	
64 Rohit Raina	BA 2nd	23 BA 124	Rohit Raina	
65 Akbar	BA 3rd	29 BA 135	Akbar	
66 Akash Chokgama	BA 3rd	27 BA 111	Akash Chokgama	
67 Sachin Kama	BA 2nd	24 BA 007	Sachin Kama	
68 Meht	BCA 1st sem	24 BCA 003	Meht	
69 Akshit Dama	BCA 1st sem	24 BCA 032	Akshit	
70 Lalita Kumar	B.S.C 1st sem	24 BSC 002	Lalita Kumar	
71 Sugan Thakur	BSC 1st sem	24 BSC 003	Sugan	
72 Riya Thakur	BCA 1st sem	24 BCA 016	Riya Thakur	
73 Firdi Saman	BA 2nd	23 BA 078	Firdi Saman	
74 Aksh Kumarai	BA 2nd	23 BA 050	Aksh Kumarai	
75 Prashant Devi	BA 2nd	23 BA 49	Prashant Devi	
76 Shreeta Shrestha	BA 1st year	24 BSC 11	Shreeta Shrestha	
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WORKING MODELS

A lot of fragrance of innovation spread all around from the creative working models of students.
The list of participants is attached: 

Principal
ABN 610 000 000 000
Westgate, VIC

	Name	Class	Roll No.	Signature	Remarks
1	Payal	B.Sc III Year	22PS005	Tanjal	Water Conservation
2	Kanika Sharma	B.Sc III Year	22PS026	Kanika	Water Conservation
3	Fulbhukhan	B.Sc III Year	22PS008	Kulbhukhan	Cleaner and Sweeter
4	Shivam Takor	B.Sc III Year	22PS047	Ydale	Cleaner and Sweeter
5	Shweta Sharma	B.Sc III Year	22PS042	Dharmika	Cleaner and Sweeter
6	Sanjana Shukla	B.Sc III Year	22PS043	Sanjana	Energy Conservation
7	Kaleena	B.Sc II Year	23PS007	Kalpana	Energy Conservation
8	Diksha Thakur	B.Sc II Year	23PS026	Diksha Thakur	Water Conservation
9	Nidhi Sharma	BCA 1st year	24BCA034	Nidhi Sharma	Water Conservation
10	Ekshita Sharma	BCA 1st Sem.	24BCA021	Ekshita	Water Conservation
11	Sukh Singh	BCA 1st Sem.	24BCA049	Sukh	Water Conservation
12	Vishal Darsch	B.Sc 3rd year	22PS054	Vishal	Energy Conservation
13	Prince Sahota	B.Sc 3rd year	22PS048	Prince	Energy Conservation
14	Mesrakshi	B.Sc 3rd year	22PS013	Mesrakshi	Review of wastage of daily usage
15	Kasturi Thakur	B.Sc 3rd year	22PS050	Kasturi	"
16	Dnyanshi	B.Sc 3rd Year	22PS006	Dnyanshi	"
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The following students held positions:

S.No.	Name	Class	Position
1	Group III- Sanjana and Kalpana	B.Sc. 2	1st
2	Group V- Vishal and Prince	B.Sc. 3	2nd
3	Group 1- Payal and Kanika	B.Sc. 3	3rd

POSTER MAKING COMPETITION

The list of participants is attached:


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 ABV GDC Bangana
 Distt. Una (H.P.)

Event: POSTER MAKING

S.No	Name	Class	Roll No.	Signature	Remarks
1	Anushka	BSc 1st year	24200012	Anushka	Water Conservation
2	Rekha Choudhary	B.Sc 2nd year	228CAM23	Rekha	Water Conservation
3	Khushbu Rana	BSc 1st year	24200007	Khushbu	Water Conservation
4	Deepti Sharma	BSc 1st year	24200009	Deepti Sharma	conservation of water, rain
5	Tanvi	B.A. 1st year	24P01005	Tanvi	Energy Conservation
6	Tanvi Sharma	B.Sc 1st year	23LS002	Tanvi	conservation of water, rain
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15	1 st Tanvi (Cat No. 5)				
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18	2 nd Deepti Sharma (S.no. 4)				
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21	3 rd Khushbu Rana. (S.no. 3)				
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The following students held positions:

S.No.	Name	Class	Position
1	Tanvi	B.A. 1	1st
2	Deepti Sharma	B.Sc. 1	2nd
3	Khushbu Sharma	B.Sc. 1	3rd

LECTURES BY THE RESOURCE PERSONS

The resource persons delivered their valuable guidance to students through their valuable presentations, on the topics of environment and energy conservation.

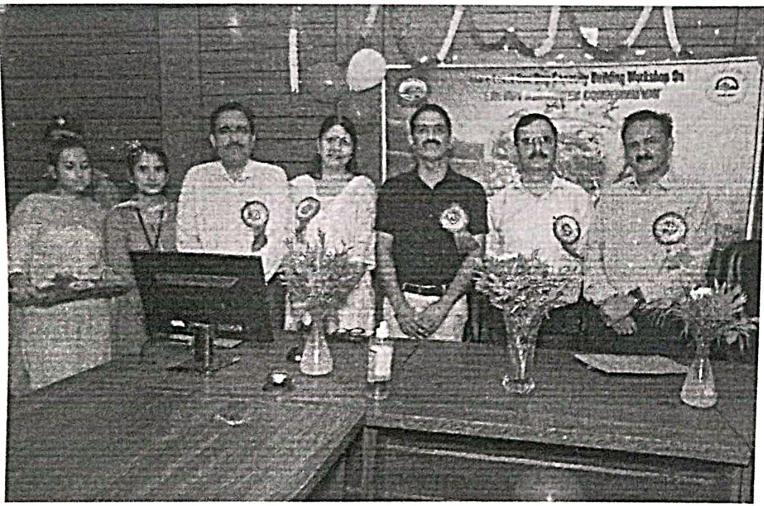
Post Celebration

The students holding the first three positions were awarded medals for their achievements. All the present faculty members, guests and participants were offered lunch.

The event was overall a success, and finally, the closing ceremony was done.

Thanks!

Ar
Principal
PV GDC Bangalore
(P.T.O. 2018-19)



AB
Principal
ABV GDC Bangana
Distt Una (H.P.)



RAJESH SHARMA
 A leopard has been terrorising the villages of Chamboh and Kot-Langsa in Shimla district for the past few days. The leopard has been attacking and killing cattle and other animals. It has also been seen near human habitations. The leopard is believed to be a female. The forest department is on high alert and has deployed additional personnel to track and catch the leopard. The leopard is believed to be a female. The forest department is on high alert and has deployed additional personnel to track and catch the leopard.

State-Level capacity building workshop on energy and water conservation organized at Bangana College

JOGINDER DEV ARYA
 BANGANA, AUG 17

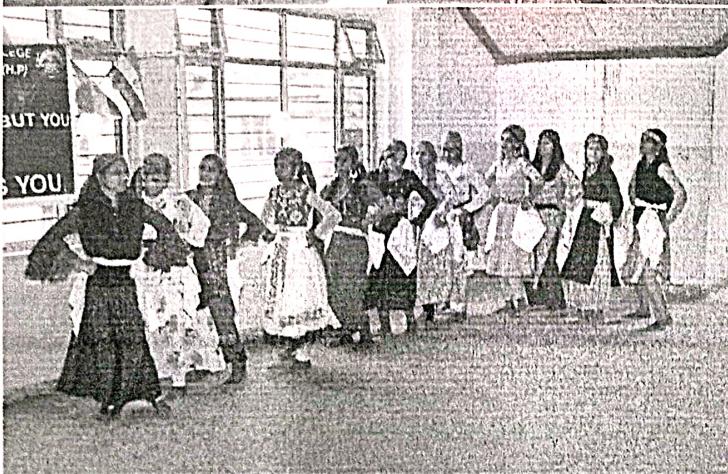
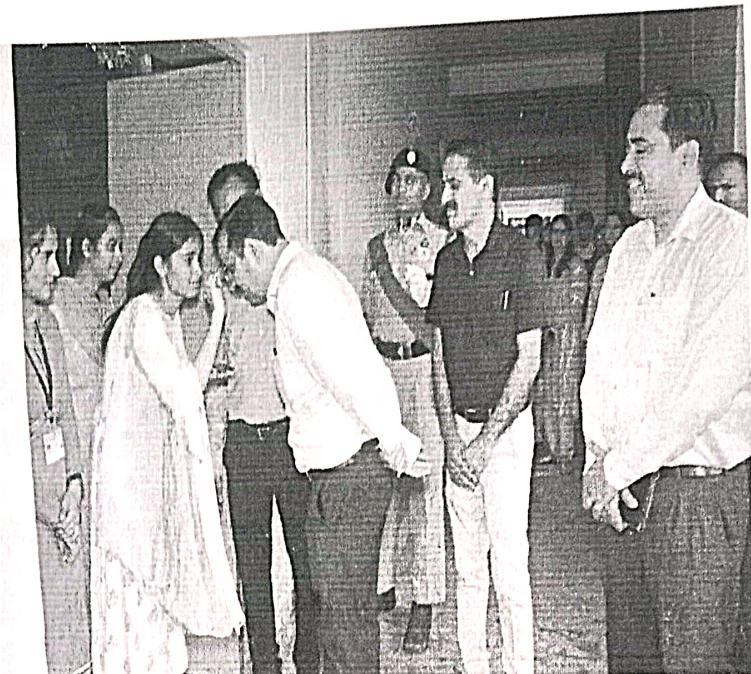
A state-level one-day capacity building workshop on the theme of energy and water conservation was organized by Bangana College, in collaboration with the Himachal Pradesh Council for Science, Technology, and Environment. The workshop was chaired by the college principal, Dr. Ramesh Thakur.

The keynote speakers were Professor V.P. Patial, Dean of Science at Shree Sai University, Palampur, and Dr. S.K. Bassi, Principal of Government College, Jwalamukhi, Kangra District. Professor V.P. Patial emphasized the importance of energy and water as essential parts of our lives. He



discussed various methods of conservation, such as rainwater harvesting in homes, planting more trees, preventing water wastage, and reducing dependency on coal, petroleum, and wood. He called on everyone to contribute to energy and water conservation by educating themselves and others in their communities. Dr. S.K. Bassi highlighted

energy-saving measures, such as turning off lights and fans when leaving home, and using energy-efficient appliances like LED lights, fans, TVs, refrigerators, and air conditioners. A competition on energy conservation models was also held during the workshop. Sanjana Saluta secured first place, Prince came in second, and Payal took third place. In



Ab
 Principal
 ABV GDC
 Distt. Kangra

REPORT

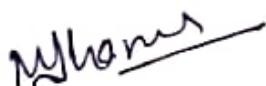
TOPIC: Workshop on Personality Development And Communication Skills

The workshop on Personality Development and Communication Skills was a highly interactive and enriching session aimed at enhancing students' confidence, interpersonal abilities, and overall personality. Participants actively engaged in various activities focusing on verbal and non-verbal communication, teamwork, listening, and leadership skills. The sessions emphasized the importance of positive attitude, effective body language, and clarity in expression for personal and professional growth. Through role plays, group discussions, and presentations, students learned how to communicate effectively and present themselves with confidence. Overall, the workshop successfully achieved its objectives by motivating students to develop a well-rounded personality and improve their communication competence for future success.

Prepared by:

Mukesh Kumari

Dept. of Self Finance


Principal

Principal
ABV-ICDC Bangana
Mukesh Kumari (S.P.)

INTRODUCTION

- Communication is the process of sharing information, ideas, and feelings.
- It can be verbal through words or non-verbal through body language, expressions, tone, etc.
- The communication process contributes to the following four things clearly:

