

2.8 Mentor-Mentee Groups for the session 2024-25 were framed for each class in which four meetings/sessions were conducted throughout the year (sample of the same has been given below)

Mentor-Mentee Report 2024-25

The **Mentor-Mentee** system in the college is an initiative aimed at providing personalized guidance and academic support to students. Through this system, faculty members (mentors) are assigned to groups of students (mentees) to offer guidance in academic, personal, and career matters.

Mentor-Mentee Meetings:

The meeting between the mentors and mentees of various departments are held on the last working Saturday of each month starting from the month of September 2024. During the session 2024-25, 21 faculty members from each department were allotted a fixed number of mentees and the interaction between mentor and mentee were scheduled in the time table of the college. In total 21 mentors were allotted to approx 710 mentees during the session 2024-25.

Mentor-Mentee meetings conducted (2024-25)	
Month	Meetings conducted
September	1each/department
October	1each/department
November	1each/department
February	1each/department
March	1each/department

Key Objectives of the meeting conducted during 2024-25:

- Student Well-being:** Ensure students' mental and emotional health by providing them with a support system through regular mentor-mentee interactions.
- Academic Monitoring:** Identify and address academic difficulties or barriers faced by students, helping them with study plans and time management.
- Career Guidance:** Offer advice on career pathways, internships, and higher studies, tailoring guidance to each student's interest and abilities.
- Extracurricular Involvement:** Encourage students to participate in co-curricular and extracurricular activities to enhance their overall development and leadership skills.
- Personalized Attention:** Provide individualized attention to each student to foster a closer relationship and build a stronger support system within the institution.

Discussion Points in the meetings:

- Academic Performance:** Mentees shared their challenges related to course understanding, time management, and workload balance. Mentors provided insights into managing time effectively and offered resources to help improve academic performance.
- Emotional Support:** Mentors discussed issues related to stress and anxiety due to exams and personal concerns. Counseling and emotional support mechanisms were discussed, and mentees were encouraged to avail of the college's counseling services.



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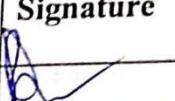
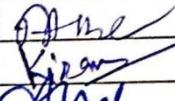
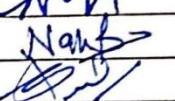
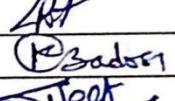
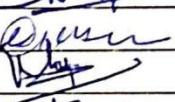
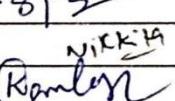
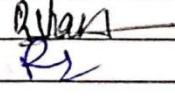
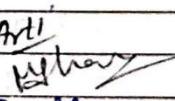
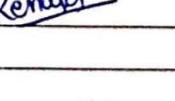
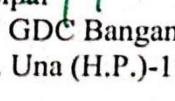
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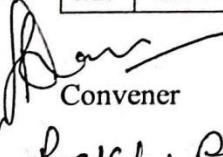
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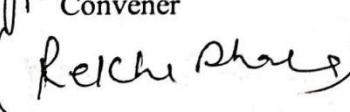
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Mentor - Mentee Program

To strengthen the mentor mentee program in the institution, the following mentor-mentee groups have been formed for the session 2024-25. Mentor-mentee program is a relationship where a mentor provides guidance and support to a mentee to help them grow personally and professionally. The goal is to help mentees develop skills, navigate challenges, and achieve their goals. Mentors can share their knowledge, experiences, and feedback, and act as role models to help mentees identify opportunities and set realistic goals. Mentees can approach their mentors for educational and personal guidance.

Sr. No.	Name of Mentor Dr./Sh./Smt./Ms./Mr.	Mentees	Signature
1.	Rekha Sharma	B.Sc III (Non -Med.)	
2.	Anu Lakhpal	B.A. III (History)	
3.	Kiran Kumari	B.Sc I,II & III (Med.)	
4.	Anil Sharma	B.Com III	
5.	Nand Lal	B.Sc II (Non – Med.)	
6.	Vinod Kumar	B.A. I & II (History)	
7.	Reena Devi	B.Sc I (Non – Med.)	
8.	Krishan Chand	B.Com II	
9.	Sikander Kumar Negi	B.A. III (Pol. Sci.) & B.A. I (Hindi)	
10.	Kiran Thakur	B.A. I (Eng.) & B.A. II (Pol.Sci.)	
11.	Kuldeep Singh	M.A. (Hindi PG) & B.A. II, III (Hindi)	
12.	Arvind Rattan	B.A. I (Pol. Sci.) & B.A. II,III (Eng.)	
13.	Nikkita Gupta	B.A. I,II & III (Eco.) and M.Com (PG)	
14.	Kamlesh Kumar	B.Com I	
15.	Smt. Ranjna Devi	BBA I	
16.	Sh. Rajender Kumar Singh	BBA II	
17.	Smt. Kamini Aerya	BCA I (first 30 Students)	
18.	Smt. Arti Devi	BCA II	
19.	Smt. Mukesh Kumari	BBA III	
20.	Smt. Renuka Thakur	BCA III	
21.	Sh. Prashant kumar	BCA I Last 10 Students & PGDCA	


Convener


Rekha Sharma


Principal
ABV GDC Bangana
Distt. Una (H.P.)-174307

Activities in 2024-25

(1) Plantation drive 'Ek Podha Ma Ke maan' was organised by ranger - Rover unit.

1 Sept. 2024

Principal ABV GDC Bangalore
Date: 1/12/2019

(2) One day cleanliness drive organised by Ranger - Rover unit.

3 October 2024

Principal ABV GDC Bangalore
Date: 1/12/2019

(3) Awareness program on World AIDS day was organised by Ranger - Rover unit.

30 Nov. 2024

Principal ABV GDC Bangalore
Date: 1/12/2019

(4) 4 students were sent for 'Self - Defense camp for Guides and Rangers' at State - Training centre, Rewalsar.

3-8 Dec 2024

Principal ABV GDC Bangalore
Date: 1/12/2019

(5) Homage to the martyred soldiers was paid because of Pulwama attack on 14 February 2019.

14 Feb 2025

Principal ABV GDC Bangalore
Date: 1/12/2019

(6) Public Declamation competition was organised by the ranger - Rover unit.

20 Feb 2025

Principal ABV GDC Bangalore
Date: 1/12/2019



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Student Mentoring Cell

List of Mentee

(Academic Year 2023-24...)

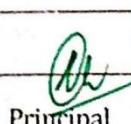
Name of The Mentor Rekha Shring

Group No. _____

Sr. No.	Name of Mentee (Class Roll No.)	Mobile No.	Email Id	Sign.
1	22PS020	8219593733	ms9702711@gmail.com <u>M</u>	
2.	22PS009	82788-76904	Sharmenehag2004@gmail.com <u>Aleha</u>	
3	22PS039	78072-65264	anu2603sk@gmail.com <u>Anu</u>	
4	22PS055	98163-49269	Pallavi1532003@gmail.com <u>Pallavi</u>	
5	22PS030	70186-00105	sharmehavita86122@gmail.com <u>B</u>	
6.	22PS014	9625552928	gajimathakur2072005@gmail.com <u>Gajim</u>	
7	22PS007	7816823184	zomariishika3@gmail.com <u>Rishika</u>	
8.	22PS034	9317119469	nitisharma19469@gmail.com <u>Nitish</u>	
9.	22PS013	8219860025	meenakshisharma60025@gmail.com <u>Meenakshi</u>	
10	22PS006	9317515563	shreemiyanshi@gmail.com <u>D</u>	
11.	22PS031	9015145307	sharmaswati5327@gmail.com <u>Swati</u>	
12.	22PS045	98165-71832	mr876452@gmail.com <u>Ranu</u>	
13.	22PS048	98161-69241	sahotaprince49@gmail.com <u>Prinster</u>	
14.	22PS054	62305-66738	vishaldaroch89@gmail.com <u>Vishal</u>	
15.	22PS005	8894815673	Sharmapayal629700@gmail.com <u>Payal</u>	
16.	22PS026	8580424812	Kanika20557@gmail.com <u>Kanika</u>	
17.	22PS004	9015358165	thakurpalek137@gmail.com <u>Palek</u>	
18.	22PS043	98166-38053	bhunikasherma98166@gmail.com <u>Bhumi</u>	
19.	22PS076	9015021773	sharmnidhi77@gmail.com <u>Nidhi</u>	
20.	21PS091	8219490989	niceexetu953@gmail.com <u>Reetu</u>	


 Mentor

IQAC Coordinator


 Principal



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Student Mentoring Cell

List of Mentee

(Academic Year 20...../.....)

Name of The Mentor _____

Group No. _____

Sr. No.	Name of Mentee (Class Roll No.)	Mobile No.	Email Id	Sign.
1.	2222660048	8894815673	sharma.payal629700@gmail.com	Payal
2.	2222660053	7876823184	eamritishika3@gmail.com	Rishika
3.	2222660052	7876338460	Kumartistar333@gmail.com	Abhi
4.	2222660050	9816169241	shotapriya49@gmail.com	Shyam
5.	2222660047	6930330086	byalkakkar3005@gmail.com	Deepti
6.	2222660046	9816349269	Pallavi1532003@gmail.com	Pallavi
7.	2222660045	9015358165	thekespal1437@gmail.com	Palak
8.	2222660044	7876620237	palak68260@gmail.com	Palak
9.	2222660065	9317119469	Sneh Rishi19469@gmail.com	Rishi
10.	2222660069	9015145307	sharmaswati5327@gmail.com	Swati
11	2222660073	7876217357	Vikas15854@gmail.com	Vikas
12	2222660074	8219074742	vbanga830@gmail.com	Vishal
13)	2222660075	6230566738	Vishaldarsoh@gmail.com	Vishal
14)	2222660076.	93175-18431	Vivek sandhu@gmail.com	Vivek sandhu
15)	2210070035	62306-11773	sharmnidhi773@gmail.com	Nidhi Sharma
16)	2200070066	8219490989	nicceroot9@gmail.com	Reetu
17)	2200070073	7018000317	Sharmidhar2003@gmail.com	Spirani
18)	2200070053	9317105525	9992menakshi@gmail.com	Menakshi

Mentor

IQAC Coordinator

Principal



Student Mentoring Cell

Annual Report

(Academic Year 2024-25.)

Mentor (Teacher) Name: Rechha Dhami

Group No. _____

Designation: Associate Prof.

Name of Department: Physics

A brief Annual Report of Student Mentoring

The meetings between mentor and mentees of BScII class on the last working Saturday of each month started from the month of September 2024. During this session, these meetups were held. The main objectives of the meetings were:

1. Students' well-being, Academic mentorship - Career Guidance, Extra-curricular involvement & personalized attention towards mental health.

Discussion Points in Meets

Academic Performance: Mentees started discussing & shared their challenges related to course understanding, time management & workload balance. Mentors provided insights and sets many time effectively and offered resources to help academic progress.

Emotional Support: Mentors discussed the issues related to stress and anxiety due to exams & personal concerns. Councils & emotional support were discussed and mentees were encouraged.

Co-curricular Activities: Mentors highlighted the importance of extra-curricular activities and how it is helpful for personal growth.

Career Counseling: Mentors provided guidance on career counseling and discussed various opportunities for higher education.

Signatures of Mentor
outcomes of the meets - Increased confidence, Improved communication
were highly noticeable. Students expressed their feelings meeting
in both academic & emotional guidance. 
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Principal



Student Mentoring Cell

Annual Report

(Academic Year 2024-25..)

Mentor (Teacher) Name: Anu Attri Associate Prof. (Music-Inst) Group No. _____
 Designation: Associate Prof. Name of Department: Music (Instrumental)

A brief Annual Report of Student Mentoring

- विद्यार्थी को स्नातक फिल्म के बाद स्नातकोत्तर विभिन्न फिल्मोंमें से अवगत करवाना।
- स्नातक स्तर की विभिन्न प्रतियोगिताओं जैसे ^{CDS}SSC NDA HAS UPSC आदि के लिए प्रेरित करना।
- महाविद्यालय के अधिकारियों वरेत्रु आर्थिक समस्याओं से जुँड़ते हैं और उनको फिल्म के साथ-साथ 'पुरी कौशल आधारित ज्ञान' जिसमें उनकी रुचि व व्याप्ति हो, उससे सम्बन्धित वास्तवी से अवगत करवाना।
- सरकार की विभिन्न 'पुरी कौशल ज्ञान' योजनाओं जैसे महाविद्यालय स्तर व अन्य स्तर पर दी जारही है के लिए प्रेरित करना तथा सरकारी आर्थिक रूप से दी जानेवाली योजनाओं की जानकारी देना जिससे उनकी आर्थिक रूप से मदद हो सके। जिससे उनका शिक्षा समाजिक व आर्थिक स्तर उँचा उठ सके।
- शिक्षा के साथ-साथ उनको नैतिक स्तर पर सुदृढ़ करना जिससे कि कोई सम्यक नागरिक बन सके।

Date: 02/09/2025

Anu Attri

Signature of Mentor

IQAC Coordinator


 Principal



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Student Mentoring Cell

List of Mentee

(Academic Year 2024..2025.)

Name of The Mentor Anu Attei

Group No. _____

Sr. No.	Name of Mentee (Class Roll No.)	Mobile No.	Email Id	Sign.
1.	Akansha (22BA015)	88943 58157	Onkashadhiman65@gmail.com	Ankush
2.	Simran (22BA076)	6230157153	Simi44677@gmail.com	Simran
3.	Raman Shukur (22BA040)	8352062495	RamanShukur00002@gmail.com	Raman Shukur
4.	Yuvraj (22BA168)	75900 90348	Yuvraj Singh 0286@gmail.com	Yuvraj Singh
5.	Komal (22BA072)	85447 25988	8544725988komal@gmail.com	Komal
6.	Alka Shukur (22BA071)	86298 12476	2041218@gmail.com	Alka Shukur
7.	Prince Power (22BA145)	78768 14664	Prince power 152208@gmail.com	Prince Power
8.	Monika Devi (22BA177)	78074 23627	monikadevi25112004@gmail.com	Monika Devi
9.	Vandan Devi (22BA115)	78769 28404	devi2000vandan@gmail.com	Vandana Devi
10.	Isha Dhiman (22BA182)	85447 49861	Ishadhiman268@gmail.com	Isha
11.	Pooja Devi (22BA022)	78767 58109	Poojadevi356791@gmail.com	Pooja Devi
12.	Rohit Kumar (22BA169)	82194 45807	Rohitdhundia 0286@gmail.com	Rohit
13.	Mangu (22BA094)	62307 96519	mangusharmauchi123@gmail.com	Mangu
14.	Kirti Sharma (22BA050)	70187 25565	Ssamsi828@gmail.com	Kirti
15.	Rohit Kumar (22BA169)	82194 45807	Rohitdhundia0286@gmail.com	-
16.	Poonam (22BA008)	9317657448	Poonamkaur912003@gmail.com	Poonam
17.	Arti Sharma (22BA041)	6230667815	artisg87@gmail.com	-
18.	Jaspreet Kumar (22BA156)	7018836349	Jaspreetkumar559@gmail.com	Jaspreet Kumar
19.	Lata Shukur (22BA021)	7876893410	LataShukur1422005@gmail.com	Lata Shukur
20.	Neelam Kumar (22BA069)	9317717542	Neelamkumar94087@gmail.com	Neelam
21.	Sonia Devi (22BA010)	8219634982	Soniadevi13112005@gmail.com	Sonia
22.	Divyanshi (22BA036)	7876580446	divyanshi784861@gmail.com	Divyanshi

Mentor
Anu Attei

Student Mentoring Cell

IQAC Coordinator

Principal
JK



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Student Mentoring Cell

List of Mentee

(Academic Year 2024...2025)

Name of The Mentor Anu Attri (Associate Prof.) Group No. _____

Sr. No.	Name of Mentee (Class Roll No.)	Mobile No.	Email Id	Sign.
1.	Akansha (22BA015)	88943 58157	akankshadhiman55@gmail.com	Akansha
2.	Simran (22BA076)	6230157153	simi44677@gmail.com	Simran
3.	Raman Thakur (22BA040)	8352062495	ramanjitakur0002@gmail.com	Raman Thakur
4.	Yuv Raj (22BA168)	7590090348	yuvrajsingh0286@gmail.com	Yuvraj Singh
5.	Komal (22BA072)	85447 25988	85447259881com@gmail.com	Komal
6.	Alka Thakur (22BA071)	86298 12476	2041218@gmail.com	Alka Thakur
7.	Prince Power (22BA145)	78768 14664	prince power 152208@gmail.com	Prince Power
8.	Monika Devi (22BA177)	98074 28627	monika devi 2508@gmail.com	Monika Devi
9.	Vandan Devi (22BA115)	78769 28404	devi2000vandna@gmail.com	Vandna Devi
10.	Isha Dhiman (22BA182)	85447 49861	ishadhiman268@gmail.com	Isha
11.	Pooja Devi (22BA022)	78767 58109	poojadevi 3561991@gmail.com	Pooja Devi
12.	Rohit Kumar (22BA169)	82194 45807	rohitkumar0286@gmail.com	Rohit
13.	Mangu Sheem (22BA094)	62307 96519	mangusheemruchi123@gmail.com	Mangu
14.	Kirti Sharma (22BA050)	70187 25565	8sanita828@gmail.com	Kirti
15.	Meena Kumar (22BA065)	78766 27429	Meenadhiman257@gmail.com	Meena Kumar
16.	Palak (22BA106)	93176 65611	pt795369@gmail.com	Palak
17.	Abhinay Thakur (22BA024)	78760 58675	abhinaythakur@gmail.com	—
18.	Aditya Chaudhary (22BA165)	78764 70966	adityachaudhary3267@gmail.com	—
19.	Rekha (22BA073)	78763 41294	rekha.puri90@gmail.com	Rekha
20.	Kajal (22BA05)	62304 90551	kd3447077@gmail.com	Kajal
21.	Arti Sharma (22BA041)	62306 67815	artisg87@gmail.com	Arti
22.	Lata Thakur			Lata Thakur

Anu Attri
Mentor
Student Mentoring Cell

IQAC Coordinator

Principal